

| | | SHORT Course | | | | | | | | | | | GIRLS | |
|---|------|------------------------|------------------------|------------------------|-----------------------------|--------------------------|------------------------|---------------------------|------------------------------|------------------------|----------------------------|-----------------------------|---------------------------|------|
| | | Metres | 7 & Under | 8 yrs | 9 yrs | 10 yrs | 11 yrs | 12 yrs | 13 yrs | 14 yrs | 15 yrs | 16 yrs | 17 yrs | Open |
| F R E E S T Y L E | 25 | J.Tuilaepa 0:19.12 | L. Liang 0:17.94 | K.Drinnan 0:15.97 | A. Fawkner 0:15.00 | E. Du 0:14.04 | E. Du 0:13.88 | M.Middleton 0:12.65 | B.Rowley 0:13.72 | Z. Pedersen 0:12.28 | Z. Pedersen 0:12.16 | M. Stanley-Hunt 0:13.26 | A.Crosbie 0:11.15 | |
| | 50 | E.Thomas 0:43.30 | C. Yi 0:38.82 | A. Fawkner 0:35.21 | R.Adams 0:32.93 | M.Middleton 0:29.75 | M.Middleton 0:27.58 | M.Middleton 0:27.62 | Z. Pedersen 0:26.61 | Z. Pedersen 0:25.73 | Z. Pedersen 0:25.30 | A. Crosbie 0:25.18 | H.Gasson 0:24.89 | |
| | 100 | C.Yi 1:36.32 | L.Liang 1:27.21 | A. Fawkner 1:16.77 | M.Middleton 1.11.97 | M.Middleton 1:05.42 | M.Middleton 1:01.99 | M.Middleton 0:59.21 | J.Freesir-Wetzell 0:58.90 | Z. Pedersen 0:56.67 | Z. Pedersen 0:54.34 | A.Crosbie 0:55.29 | H.Gasson 0:54.19 | |
| | 200 | H.Middleton 3:56.12 | C. Yi 3:11.82 | K.Kovalenko 2:40.28 | K.Kovalenko 2:32.34 | R.Smith 2:19.30 | R.Smith 2:15.49 | R. Smith 2:10.08 | B.Rowley 2:06.84 | Z. Pedersen 2:07.31 | E.Thomas 2:02.29 | E.Thomas 2:00.48 | A. Galyer 1:59.63 | |
| | 400 | | C. Yi 6:11.99 | K.Kovalenko 5:39.36 | R.Smith 5:14.69 | R.Smith 4:48.36 | R.Smith 4:37.52 | R. Smith 4:29.55 | R.Smith 4:28.31 | R.Smith 4:26.01 | E.Thomas 4:17.98 | E. Thomas 4:07.60 | E. Thomas 4:03.18 | |
| | 800 | | M.Smith 15:57.22 | K.Ott 15:11.10 | K.Kovalenko 11:12.11 | R.Smith 10:19.17 | R.Smith 9:19.91 | R. Smith 9:08.27 | R. Smith 9:05.15 | R.Smith 9:02.27 | E.Thomas 8:55.27 | E. Thomas 8:36.24 | E. Thomas 8:36.24 | |
| | 1500 | | K.Ott 36:14.87 | K.Ott 30:30.86 | L. Hamblyn-Ough 23:42.33 | K. Kovalenko 20:17.35 | R. Smith 18:18.78 | R. Smith 17:34.13 | R. Smith 17:26.73 | R.Smith 17:25.84 | E. Brennan 17:43.57 | L. Hamblyn-Ough 17:37.82 | R.Smith 17:25.84 | |
| B A C K | 25 | J.Tuilaepa 0:22.82 | L. Liang 0:20.08 | K.Drinnan 0:18.77 | E. Drinnan 0:17.29 | K.Drinnan 0:16.66 | M.Benfatto 0:15.32 | S.Haggerty 0:15.32 | B.Rowley 0:15.13 | B Rowley 0:14.99 | Z. Pedersen 0:14.46 | S. Martin 0:14.03 | S. Martin 0:14.03 | |
| | 50 | K.Drinnan 0:50.23 | L.Liang 0:42.62 | E.Drinnan 0:39.73 | R.Adams 0:36.69 | V.McTeigue 0:33.36 | M.Sadler 0:31.30 | K.Boocock 0:30.46 | E. Saunders 0:30.58 | B.Rowley 0:30.22 | M. Stanley-Hunt 0:29.61 | S. Martin 0:27.92 | H.Gasson 0:26.74 | |
| | 100 | C.Yi 1:40.87 | L.Liang 1:33.01 | V. McTeigue 1:22.88 | R.Adams 1:16.32 | R.Smith 1:13.85 | M. Sadler 1:07.72 | K.Boocock 1:04.95 | B.Rowley 1:02.84 | K.Boocock 1:04.36 | M. Stanley-Hunt 1:03.56 | S. Martin 1:01.90 | H.Gasson 0:57.68 | |
| | 200 | H.Middleton 4:03.83 | C. Yi 3:17.11 | K.Kovalenko 2:53.64 | K. Kovalenko 2:44.92 | R.Adams 2:33.52 | M. Sadler 2:24.95 | K.Boocock 2:18.74 | B.Rowley 2:15.47 | B Rowley 2:16.25 | K.Boocock 2:17.08 | K.Boocock 2:17.32 | H.Gasson 2:05.04 | |
| B R E A S T | 25 | K.Kovalenko 0:25.47 | S.Bickers 0:23.42 | D.Donaldson 0:21.31 | R.Smith 0:19.87 | A.Hill 0:17.74 | K.Jones 0:17.50 | M.Middleton 0:15.75 | E.Bluck 0:16.81 | B Rowley 0:17.00 | R.Smith 0:16.53 | R Fayerman 0:17.09 | H.Gasson 0:15.12 | |
| | 50 | E.Thomas 0:56.37 | K.Kovalenko 0:50.67 | J.Lyles 0:44.81 | G. Brackebush 0:41.55 | R.Smith 0:37.47 | M.Middleton 0:35.84 | M.Middleton 0:34.90 | V.McTeigue 0:34.42 | B.Rowley 0:35.16 | L. Muellner 0:31.76 | L. Muellner 0:31.90 | H.Gasson 0:30.71 | |
| | 100 | E.Thomas 1:59.06 | R.Smith 1:48.53 | J.Lyles 1:35.93 | R.Smith 1:28.68 | R.Smith 1:21.94 | M.Middleton 1:19.12 | V.McTeigue 1:15.14 | V.McTeigue 1:14.20 | V.McTeigue 1:18.38 | L. Muellner 1:08.33 | L. Muellner 1:08.94 | H.Gasson 1:07.38 | |
| | 200 | K.Kovalenko 4:09.59 | M.Boot 3:47.06 | K.Kovalenko 3:19.23 | R.Smith 3:04.56 | R.Smith 2:52.11 | R. Smith 2:48.01 | R. Smith 2:41.09 | I.De Smet 2:37.20 | B.Rowley 2:39.64 | L. Muellner 2:29.34 | L. Muellner 2:29.12 | Z. Pratt-Smith 2:25.45 | |
| F L Y | 25 | L. Parker 0:22.65 | L.Liang 0:19.74 | V. McTeigue 0:17.54 | V.McTeigue 0:15.56 | Z. Hooton 0:15.18 | V.McTeigue 0:14.55 | M.Middleton 0:13.87 | K.Boocock 0:14.49 | Z. Pedersen 0:13.12 | Z. Pedersen 0:12.52 | M. Stanley-Hunt 0:14.00 | Z. Pedersen 0:12.52 | |
| | 50 | L. Parker 1:00.15 | D.Donaldson 0:40.43 | D.Donaldson 0:37.56 | V.McTeigue 0:35.08 | M.Middleton 0:31.90 | M.Middleton 0:29.86 | V.McTeigue 0:29.49 | V.McTeigue 0:29.38 | Z. Pedersen 0:28.52 | Z. Pedersen 0:27.38 | A. Crosbie 0:26.82 | H.Gasson 0:25.38 | |
| | 100 | C.Yi 1:57.25 | C. Yi 1:42.63 | K.Kovalenko 1:24.93 | K.Kovalenko 1:20.18 | R.Smith 1:15.26 | M.Middleton 1:10.53 | M.Middleton 1:05.86 | V.McTeigue 1:03.46 | Z. Pedersen 1:03.31 | A. Crosbie 1:00.86 | A. Crosbie 0:59.36 | H.Gasson 0:57.21 | |
| | 200 | | | K.Kovalenko 3:08.27 | K. Kovalenko 2:58.53 | K. Kovalenko 2:51.46 | E.Drinnan 2:39.06 | L.Hamblyn-Ough 2:33.96 | E.Drinnan 2:27.99 | S.Haggerty 2:24.67 | N.Rosewarne 2:27.10 | E. Thomas 2:18.72 | H.Gasson 2:07.14 | |
| M E D L E Y | 100 | E.Thomas 1:45.63 | L. Liang 1:34.15 | K.Kovalenko 1:22.73 | R.Adams 1:20.38 | R.Smith 1:14.39 | M.Middleton 1:10.11 | K.Boocock 1:06.68 | B.Rowley 1:04.34 | K.Boocock 1:07.12 | L. Muellner 1:04.15 | A. Crosbie 1:02.42 | H.Gasson 0:58.40 | |
| | 200 | | C. Yi 3:16.63 | K.Kovalenko 3:00.48 | R.Smith 2:48.52 | R.Smith 2:33.61 | R.Smith 2:28.68 | R. Smith 2:22.53 | B.Rowley 2:17.77 | B.Rowley 2:21.29 | B. Rowley 2:19.67 | R.Smith 2:21.34 | H.Gasson 2:07.78 | |
| | 400 | | | K.Kovalenko 6:06.43 | K.Kovalenko 5:48.91 | R.Smith 5:21.42 | R.Smith 5:08.12 | R. Smith 5:01.94 | R.Smith 4:59.29 | R.Smith 4:57.50 | B. Rowley 4:50.80 | R.Smith 4:56.57 | H.Gasson 4:32.48 | |

LONG Course

GIRLS

| | Metres | 7 & Under | 8 yrs | 9 yrs | 10 yrs | 11 yrs | 12 yrs | 13 yrs | 14 yrs | 15 yrs | 16 yrs | 17 yrs | Open |
|--|--------|----------------------|------------------------|-----------------------------------|--------------------------|-------------------------|------------------------------|-----------------------------|------------------------|--------------------------|--------------------------|----------------------------|-----------------------|
| F R E E S T Y L E | 50 | K Drinnan 0:43.43 | C.Yi 0:39.19 | K.Drinnan 0:34.05 | K.Drinnan 0:32.57 | M. Sadler 0:31.00 | J.Freesir-Wetzell 0:28.81 | M.Middleton 0:28.42 | Z. Pedersen 0:26.56 | Z.Pedersen 0:25.63 | Z. Pedersen 0:25.35 | Z. Pedersen 0:25.95 | L. Quilter 0:25.31 |
| | 100 | E.Thomas 1:35.10 | C.Yi 1:28.88 | E.Gutteridge 1:17.98 | Z. Hooton 1:14.43 | I.Pangalila 1:07.90 | J.Freesir-Wetzell 1:04.05 | B.Van Zyl 1:01.80 | Z. Pedersen 0:58.29 | M. Glintmeyer 0:56.84 | Z. Pedersen 0:55.68 | Z. Pedersen 0:56.31 | C. Edwards 0:55.35 |
| | 200 | | C. Yi 3:08.97 | K..Kovalenko 2:48.12 | K.Kovalenko 2:35.62 | I.Pangalila 2:26.25 | J.Freesir-Wetzell 2:19.87 | R.Smith 2:15.12 | R.Smith 2:13.29 | M. Glintmeyer 2:08.59 | Z. Pedersen 2:05.42 | E.Thomas 2:02.03 | E.Thomas 1:59.07 |
| | 400 | | C. Yi 6:52.59 | L.Su'a 6:05.58 | K.Kovalenko 5:27.07 | I.Pangalila 4:59.36 | R.Smith 4:42.04 | R.Smith 4:36.40 | R.Smith 4:34.74 | A. Wilson 4:32.39 | E.Thomas 4:28.63 | E.Thomas 4:15.05 | E.Thomas 4:06.41 |
| | 800 | | | E. Gutteridge 12:40.81 | K.Kovalenko 11:48.94 | I.Pangalila 10:09.86 | R.Smith 9:54.04 | R.Smith 9:31.91 | R.Smith 9:20.30 | A. Wilson 9:21.87 | R.Smith 9:12.36 | E.Thomas 8:52.85 | E.Thomas 8:22.27 |
| | 1500 | | | | E.Gutteridge 24:33.83 | K.Kovalenko 21:11.88 | I.Pangalila 19:45.29 | L. Hamblyn-Ough 18:33.49 | R.Smith 17:52.31 | R.Smith 17:53.47 | R.Smith 17:44.82 | L Hamblyn-Ough 17:51.24 | E.Thomas 16:07.46 |
| B A C K | 50 | K Drinnan 0:49.76 | C.Yi 0:44.97 | E.Drinnan 0:39.76 | J. Moors 0:36.79 | V.McTeigue 0:34.09 | J.Freesir-Wetzell 0:33.13 | V.McTeigue 0:31.62 | V.McTeigue 0:31.42 | M. Glintmeyer 0:28.70 | S. Martin 0:29.75 | S. Martin 0:28.94 | L. Quilter 0:28.49 |
| | 100 | | L. Liang 1:31.92 | B.VanZyl & L. Liang 1:25.74 | J. Moors 1:18.32 | M. Sadler 1:13.27 | G.Walker 1:10.14 | K.Boocock 1:06.74 | K.Boocock 1:06.32 | M. Glintmeyer 1:02.46 | S. Martin 1:04.93 | Z. Pratt-Smith 1:03.30 | H.Gasson 1:00.36 |
| | 200 | | C. Yi 3:19.84 | K.Kovalenko 2:56.10 | R. Adams 2:45.02 | G.Walker 2:38.54 | G.Walker 2:28.80 | K.Boocock 2:25.17 | K.Boocock 2:22.07 | B.Rowley 2:18.59 | B.Rowley 2:19.46 | B.Rowley 2:21.70 | H.Gasson 2:11.03 |
| B R E A S T | 50 | E Thomas 0:56.58 | C. Yi 0:51.66 | R.Smith 0:47.26 | J. Lyles 0:42.40 | G.Shields 0:38.82 | G.Shields 0:37.45 | M. Middleton 0:36.45 | V.McTeigue 0:36.22 | V.McTeigue 0:34.33 | H. Huettmeyer 0:33.64 | L.Muellner 0:32.54 | H.Gasson 0:31.91 |
| | 100 | E.Thomas 1:57.94 | C. Yi 1:53.22 | K.Kovalenko 1:39.34 | R.Smith 1:31.30 | R.Smith 1:24.29 | G.Shields 1:20.82 | M. Middleton 1:18.91 | V.McTeigue 1:17.97 | L.Marsh 1:18.86 | H. Huettmeyer 1:13.94 | L.Muellner 1:11.01 | H.Gasson 1:10.57 |
| | 200 | | C.Yi 3:54.63 | K.Kovalenko 3:22.69 | R.Smith 3:08.43 | G.Shields 2:58.66 | G.Shields 2:51.06 | R.Smith 2:46.14 | B.Rowley 2:50.43 | B.Rowley 2:42.49 | H. Huettmeyer 2:40.18 | L.Muellner 2:34.97 | H.Gasson 2:31.67 |
| F L Y | 50 | E.Thomas 0:47.02 | D.Donaldson 0:41.90 | D.Donaldson 0:37.22 | B.Van Zyl 0:35.46 | I. Bouzaid 0:33.58 | M.Middleton 0:31.21 | M. Middleton 0:30.26 | V.McTeigue 0:29.36 | Z.Pedersen 0:27.22 | Z. Pedersen 0:26.61 | Z. Pedersen 0:27.41 | H.Gasson 0:26.24 |
| | 100 | | D.Donaldson 1:40.46 | D.Donaldson 1:28.00 | K.Kovalenko 1:21.77 | C.O'Reilly 1:13.91 | E.Thomas 1:11.82 | B.Van Zyl 1:07.33 | V.McTeigue 1:05.77 | M. Glintmeyer 1:01.24 | A.Crosbie 1:01.90 | A.Crosbie 1:01.70 | H.Gasson 0:58.91 |
| | 200 | | C.Yi 3:52.65 | | D.Donaldson 3:02.91 | C.O'Reilly 2:48.77 | V.McTeigue 2:46.49 | M. Johnston 2:36.72 | N.Rosewarne 2:29.63 | M. Glintmeyer 2:24.01 | B.Rowley 2:28.35 | E.Thomas 2:22.00 | H.Gasson 2:11.34 |
| I M | 200 | | C.Yi 3:31.07 | K.Kovalenko 2:57.32 | K.Kovalenko 2:52.78 | R.Smith 2:37.16 | R.Smith 2:33.57 | K.Boocock 2:25.47 | B.Rowley 2:23.35 | B.Rowley 2:22.77 | B.Rowley 2:20.70 | B.Rowley 2:22.61 | H.Gasson 2:12.13 |
| | 400 | | C. Yi 7:20.01 | E.Gutteridge 7:11.54 | K.Kovalenko 5:51.27 | R.Smith 5:30.45 | R.Smith 5:23.75 | R.Smith 5:09.53 | B.Rowley 5:05.22 | B.Rowley 4:59.01 | R.Smith 5:02.62 | R.Smith 5:04.05 | H.Gasson 4:44.60 |

SHORT Course

BOYS

| | Metres | 7 & Under | 8 yrs | 9 yrs | 10 yrs | 11 yrs | 12 yrs | 13 yrs | 14 yrs | 15 yrs | 16 yrs | 17 yrs | Open |
|---|--------|------------------------|------------------------|------------------------|--------------------------|----------------------------|-------------------------|----------------------------|------------------------------|----------------------------|--|-----------------------|-------------------------------|
| F R E E S T Y L E | 25 | L.Pangalila 0:19.32 | T.Nancarrow 0:17.66 | J.Els 0:15.34 | R. Liang 0:14.68 | D.Tian 0:12.70 | D. Tian 0:12.14 | D. Tian 0:11.95 | S. Wilde 0:11.88 | W. Delamare 0:11.11 | J. Cornish 0:10.94 | J. Cornish 0:10.53 | J. Cornish 0:10.53 |
| | 50 | L.Pangalila 0:42.89 | C. Chester 0:38.18 | W.Coetzee 0:33.73 | D. Tian 0:29.84 | D.Tian 0:28.28 | D. Tian 0:25.62 | L. Curling 0:24.33 | J. Cornish 0:24.70 | J. Cornish 0:24.27 | J. Cornish 0:23.17 | J. Cornish 0:22.90 | G. Williams 0:22.37 |
| | 100 | L.Pangalila 1:35.25 | B.Taylor 1:19.25 | J.Els 1:14.84 | W.Coetzee 1:07.37 | D. Tian 1:04.12 | D. Tian 0:57.65 | L. Curling 0:53.07 | J.Selman 0:53.87 | J. Swanepoel 0:53.82 | J. Cornish 0:51.43 | B. Visser 0:50.51 | C. Gray 0:47.66 |
| | 200 | L.Pangalila 3:19.76 | T.Johnston 3:06.17 | J.Els 2:38.29 | J. Bayes 2:24.30 | J. Bayes 2:18.51 | D. Tian 2:07.20 | L. Curling 1:59.29 | M.Donaldson 1:57.63 | J. Potier 1:55.67 | L. Hamblyn-Ough 1:54.28 | B. Visser 1:48.48 | S.Kent 1:44.40 |
| | 400 | | S.Cosgrove 7:09.11 | T.Johnston 5:43.95 | L. Hutchinson 5:15.24 | W.Coetzee 4:53.95 | J.Donovan 4:37.27 | A. Sandford 4:18.66 | L. Hamblyn-Ough 4:17.24 | J. Potier 4:03.16 | L. Hamblyn-Ough 3:59.69 | B. Visser 3:50.83 | D.Dunlop-Barrett 3:46.91 |
| | 800 | | | K.Torvi 11:19.93 | W.Coetzee 11:20.77 | K.Pangalila 10:18.02 | M.Hamilton 9:44.04 | L.Hamblyn-Ough 9:07.67 | J.Cosgrove 8:44.73 | J. Potier 8:30.30 | L.Hamblyn-Ough 8:12.75 | B. Visser 7:55.74 | B. Visser 7:55.74 |
| | 1500 | | | S.Cosgrove 27:51.00 | K.Torvi 20:56.35 | L.Hamblyn-Ough 19:26.68 | K.Pangalila 18:11.56 | L.Hamblyn-Ough 17:14.03 | L.Hamblyn-Ough 16:52.32 | L.Hamblyn-Ough 16:15.89 | L. Hamblyn-Ough 15:36.61 | B. Visser 15:16.56 | B. Visser 15:16.56 |
| B A C K | 25 | C.Knight 0:22.97 | W.Coetzee 0:19.69 | W.Coetzee 0:17.89 | C.Chester 0:17.12 | D. Tian 0:14.97 | D. Tian 0:14.44 | D. Tian 0:13.97 | F.Kennard-Campbel 0:13.48 | J. Swanepoel 0:12.86 | J. Cornish 0:12.85 | J. Cornish 0:12.68 | T. Farr 0:12.40 |
| | 50 | R.Davies 0:50.85 | L.Pangalila 0:43.38 | W.Coetzee 0:37.51 | D. Tian 0:35.03 | W.Coetzee 0:33.06 | D. Tian 0:29.58 | L.Curling 0:27.77 | F.Kennard-Campbel 0:27.04 | J.Selman 0:26.94 | J. Cornish 0:26.05 | J. Cornish 0:25.94 | F.Kennard-Campbell 0:25.00 |
| | 100 | L.Pangalila 1:44.15 | J.Cornish 1:35.13 | K.Torvi 1:22.47 | W.Coetzee 1:14.94 | G.Thomas 1:11.19 | D. Tian 1:03.96 | D. Tian 1:00.16 | C.Coetzee 0:58.96 | J.Selman 0:57.06 | J. Cornish 0:56.38 | J. Cornish 0:56.03 | W.Coetzee 0:54.52 |
| | 200 | | W.Coetzee 3:04.08 | K.Torvi 2:48.46 | J. Els 2:36.03 | L.Hamblyn-Ough 2:30.97 | J.Cornish 2:19.42 | C.Coetzee 2:10.63 | F.Kennard-Campbel 2:07.66 | C.Coetzee 2:07.50 | J. Cornish 2:03.84 | C.Coetzee 2:03.57 | S. Brown 1:56.34 |
| B R E A S T | 25 | L.Pangalila 0:28.16 | W.Coetzee 0:21.57 | J.Cornish 0:19.59 | W.Coetzee 0:18.00 | D. Tian 0:17.40 | D. Tian 0:15.82 | M.Donaldson 0:15.50 | A.Jones 0:15.00 | J. Swanepoel 0:14.25 | J. Cornish 0:13.53 | J. Cornish 0:12.96 | J. Cornish 0:12.96 |
| | 50 | D.Blanchard 0:57.88 | W.Coetzee 0:47.63 | C. Cate 0:43.90 | W.Coetzee 0:39.33 | T.Aitken 0:37.56 | D. Tian 0:33.80 | D. Tian 0:32.45 | C.Price 0:30.63 | W.Coetzee 0:30.29 | J. Cornish 0:29.52 | J. Cornish 0:29.60 | W.Coetzee 0:27.76 |
| | 100 | L.Pangalila 2:10.13 | W.Coetzee 1:44.03 | T.Pleciak 1:34.50 | W.Coetzee 1:25.49 | J.Garrod 1:20.56 | M.Donaldson 1:13.14 | M.Donaldson 1:08.88 | C.Price 1:07.29 | W.Coetzee 1:05.00 | C.Price 1:06.78 | C.Coetzee 1:08.70 | W.Coetzee 1:00.24 |
| | 200 | | W.Coetzee 3:35.23 | T.Pleciak 3:26.29 | W.Coetzee 2:58.00 | J.Garrod 2:54.07 | M.Donaldson 2:35.54 | M.Donaldson 2:24.72 | M.Donaldson 2:23.15 | M.Donaldson 2:23.20 | C.Price 2:27.90 | S.Williams 2:32.69 | S. Brown 2:12.31 |
| F L Y | 25 | L.Pangalila 0:23.12 | T.Nancarrow 0:18.78 | T.Nancarrow 0:16.40 | J.Donovan 0:15.85 | D.Tian 0:13.71 | D. Tian 0:13.21 | L.Curling 0:12.88 | F.Kennard-Campbel 0:12.76 | W. Delamare 0:11.97 | G. Smith 0:12.56 | S.Williams 0:12.31 | W.Coetzee 0:11.15 |
| | 50 | L.Pangalila 0:57.02 | W.Coetzee 0:40.24 | W.Coetzee 0:36.22 | W.Coetzee 0:33.75 | W.Coetzee 0:32.22 | D. Tian 0:29.78 | L. Curling 0:26.55 | F.Kennard-Campbel 0:26.63 | W.Coetzee 0:26.21 | J. Cornish 0:25.96 | S. Kenny 0:24.90 | S.Kent 0:23.95 |
| | 100 | | L.Pangalila 1:58.37 | T.Nancarrow 1:32.38 | W.Coetzee 1:14.94 | W.Coetzee 1:08.47 | W.Coetzee 1:07.05 | M.Donaldson 1:00.05 | C.Coetzee 0:59.01 | W.Coetzee 0:56.63 | C.Coetzee 0:56.25 | S.Kenny 0:55.67 | W.Coetzee 0:52.77 |
| | 200 | | | T.Nancarrow 3:37.04 | W.Coetzee 2:37.53 | W.Coetzee 2:30.51 | W.Coetzee 2:26.49 | M.Donaldson 2:10.81 | W.Coetzee 2:10.23 | W.Coetzee 2:03.47 | C.Coetzee 2:09.78 | C.Coetzee 2:03.07 | W.Coetzee 1:57.84 |
| M E D L E Y | 100 | L.Pangalila 1:54.36 | W.Coetzee 1:33.31 | J.Els 1:23.69 | W.Coetzee 1:13.46 | W.Coetzee 1:10.83 | D. Tian 1:05.48 | M.Donaldson 1:01.46 | M.Donaldson 1:00.28 | W.Coetzee 0:58.25 | J. Cornish 0:57.36 | J. Cornish 0:57.46 | W.Coetzee 0:54.15 |
| | 200 | L.Pangalila 3:44.41 | K.Torvi 3:38.12 | W.Coetzee 2:49.50 | W.Coetzee 2:38.29 | W.Coetzee 2:32.53 | W.Coetzee 2:25.24 | M.Donaldson 2:14.69 | M.Donaldson 2:08.37 | W.Coetzee 2:05.95 | C.Coetzee 2:09.66 | B. Visser 2:06.69 | W.Coetzee 1:58.22 |
| | 400 | | | K.Torvi 6:18.46 | W.Coetzee 5:32.05 | W.Coetzee 5:10.90 | M.Donaldson 5:04.41 | M.Donaldson 4:35.84 | M.Donaldson 4:30.48 | W.Coetzee 4:27.83 | L.Hamblyn-Ough & S. Williams 4:36.35 | B. Visser 4:31.03 | S. Brown 4:13.55 |

LONG Course

BOYS

| | Metres | 7 & Under | 8 yrs | 9 yrs | 10 yrs | 11 yrs | 12 yrs | 13 yrs | 14 yrs | 15 yrs | 16 yrs | 17 yrs | Open |
|---|--------|------------------------|------------------------|-------------------------|------------------------|-------------------------|--------------------------|------------------------|------------------------------|-----------------------|-----------------------------|-----------------------------|-----------------------------|
| F R E E S T Y L E | 50 | L.Pangalila 0:42.40 | L.Pangalila 0:36.40 | T.Nancarrow 0:32.38 | W.Coetzee 0:31.34 | D. Tian 0:30.08 | D. Tian 0:26.71 | L.Curling 0:25.55 | L. Curling 0:24.47 | J. Cornish 0:24.52 | J.Cornish 0:23.56 | J. Cornish 0:23.27 | C. Gray 0:22.33 |
| | 100 | L.Pangalila 1:34.73 | L.Pangalila 1:19.95 | T.Nancarrow 1:14.04 | W.Coetzee 1:09.01 | K.Pangalila 1:05.99 | D. Tian 0:59.31 | D. Tian 0:55.33 | L. Curling 0:53.23 | J. Cornish 0:54.68 | J. Potier 0:53.52 | B. Visser 0:52.62 | C. Gray 0:48.26 |
| | 200 | L.Pangalila 3:12.14 | L.Pangalila 2:52.87 | L. Pangalila 2:38.88 | W.Coetzee 2:27.93 | K.Pangalila 2:19.12 | M.Donaldson 2:10.77 | A. Sandford 2:02.49 | A. Sandford 2:00.02 | J. Potier 1:57.29 | J. Potier 1:55.05 | B. Visser 1:52.64 | C. Gray 1:48.98 |
| | 400 | | | L. Pangalila 5:52.50 | K.Pangalila 5:16.13 | K.Pangalila 5:01.65 | W.Coetzee 4:47.31 | M.Donaldson 4:21.97 | M.Donaldson 4:10.89 | J. Potier 4:08.78 | L. Hamblyn-Ough 4:06.46 | B. Visser 3:58.99 | D.Dunlop-Barrett 3:50.61 |
| | 800 | | | | W.Coetzee 10:48.83 | W.Coetzee 10:17.28 | W.Coetzee 9:57.87 | M.Donaldson 9:03.02 | J.Potier 8:58.01 | J. Potier 8:38.61 | L. Hamblyn-Ough 8:25.70 | L. Hamblyn-Ough 8:13.31 | L.Hamblyn-Ough 8:13.31 |
| | 1500 | | | | W.Coetzee 21:33.57 | K.Pangalila 19:37.86 | M.Donaldson 18:21.53 | J.Donovan 17:42.32 | J. Potier 17:05.77 | J.Donovan 16:41.38 | L. Hamblyn-Ough 16:09.79 | L. Hamblyn-Ough 15:45.11 | M.Dai 15:26.40 |
| B A C K | 50 | L.Pangalila 0:46.05 | T.Johnston 0:43.04 | W.Coetzee 0:37.55 | R. Liang 0:35.29 | W.Coetzee 0:33.53 | K. Glintmeyer 0:30.55 | D. Tian 0:28.87 | F.Kennard-Campbel 0:27.99 | J. Cornish 0:27.65 | J.Cornish 0:26.90 | J. Cornish 0:26.23 | F. Harland 0:24.97 |
| | 100 | L.Pangalila 1:41.52 | W.Coetzee 1:30.03 | W.Coetzee 1:19.77 | W.Coetzee 1:17.11 | W.Coetzee 1:12.24 | K. Glintmeyer 1:06.46 | D. Tian 1:02.28 | J.Selman 0:59.51 | J. Cornish 0:59.41 | J.Cornish 0:57.76 | J. Cornish 0:56.80 | F. Harland 0:54.74 |
| | 200 | | L.Pangalila 3:06.13 | W.Coetzee 2:51.50 | W.Coetzee 2:40.56 | W.Coetzee 2:30.90 | J. Cornish 2:27.09 | D.Garrod 2:16.70 | T.Magner 2:08.91 | W.Coetzee 2:07.93 | J. Cornish 2:08.34 | B. Faleafa 2:05.04 | S. Brown 2:02.87 |
| B R E A S T | 50 | L.Pangalila 0:58.85 | L.Pangalila 0:52.36 | W.Coetzee 0:42.87 | W.Coetzee 0:40.30 | M Donaldson 0:39.18 | D. Tian 0:35.45 | W.Coetzee 0:32.88 | W.Coetzee 0:31.83 | W.Coetzee 0:31.04 | J. Cornish 0:30.63 | B. Faleafa 0:30.60 | W.Coetzee 0:28.72 |
| | 100 | L.Pangalila 2:06.34 | W.Coetzee 1:44.43 | W.Coetzee 1:31.98 | W.Coetzee 1:26.92 | M Donaldson 1:22.45 | M.Donaldson 1:14.07 | M.Donaldson 1:10.88 | M.Donaldson 1:09.28 | C.Price 1:08.55 | C.Price 1:08.39 | B. Faleafa 1:06.67 | W.Coetzee 1:03.00 |
| | 200 | | W.Coetzee 3:43.10 | W.Coetzee 3:19.34 | W.Coetzee 3:05.22 | M Donaldson 2:54.09 | M.Donaldson 2:36.96 | M.Donaldson 2:30.43 | M.Donaldson 2:26.25 | W.Coetzee 2:28.12 | C.Price 2:32.71 | S.Williams 2:39.45 | S. Brown 2:18.84 |
| F L Y | 50 | L.Pangalila 0:51.56 | T.Nancarrow 0:45.26 | W.Coetzee 0:34.95 | W.Coetzee 0:32.95 | W.Coetzee 0:31.93 | K. Glintmeyer 0:29.05 | L.Curling 0:27.39 | L. Curling 0:26.42 | J. Cornish 0:26.55 | J. Cornish 0:26.00 | J. Cornish 0:25.33 | C. Gray 0:23.27 |
| | 100 | | L.Pangalila 1:47.80 | W.Coetzee 1:18.73 | W.Coetzee 1:13.94 | W.Coetzee 1:08.94 | M.Donaldson 1:07.18 | M.Donaldson 1:00.89 | W.Coetzee 0:58.77 | W.Coetzee 0:57.22 | C.Coetzee 0:58.65 | B. Visser 0:57.21 | C. Gray 0:52.53 |
| | 200 | | | W.Coetzee 3:12.21 | W.Coetzee 2:45.79 | W.Coetzee 2:31.11 | W.Coetzee 2:29.69 | W.Coetzee 2:14.85 | M.Donaldson 2:13.13 | W.Coetzee 2:06.02 | C.Coetzee 2:09.83 | B. Visser 2:11.00 | W.Coetzee 2:02.22 |
| I M | 200 | L.Pangalila 3:44.52 | L.Pangalila 3:22.06 | W.Coetzee 2:51.36 | W.Coetzee 2:41.21 | W.Coetzee 2:33.18 | M.Donaldson 2:24.34 | M.Donaldson 2:17.14 | M.Donaldson 2:11.67 | W.Coetzee 2:09.35 | J.Donovan 2:13.61 | B. Faleafa 2:08.20 | W.Coetzee 2:03.85 |
| | 400 | | | W.Coetzee 6:07.73 | J.Donovan 6:01.18 | J.Garrod 5:32.08 | M.Donaldson 5:07.68 | M.Donaldson 4:46.89 | M.Donaldson 4:38.15 | W.Coetzee 4:33.01 | J.Donovan 4:48.22 | L. Hamblyn-Ough 4:39.32 | S. Brown 4:22.88 |